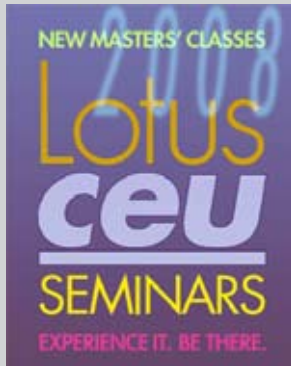




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AURICULAR SEED THERAPY TO TREAT ALLERGY

By Li-Chun Huang, O.M.D., M.D. (China)

Auricular Seed Therapy is also called seed-pressure method. It refers to applying a hard and smooth seed, herb, or a magnetic pellet on a tape to a detected auricular point and pressing it properly so as to stimulate the point to treat diseases.

Auricular seed therapy, which is the most popular therapy in the past 40 years, came into being on the basis of auricular filiform needling and auricular needle embedding therapy. Of course, the needling therapy is indicated and is very effective for many diseases, but needle insertion undoubtedly produces pain. This pain may cause some patients to be reluctant to seek and undertake treatment. Through clinical practice, it has been confirmed that auricular seed therapy, which is more acceptable may also be indicated for many diseases and achieve satisfactory therapeutic effects. This method because of its simple application, constant stimulation and safety is more suitable for the elders, the weak, children and those who are very afraid of pain, or cannot receive treatment everyday.

POINTS TO TREAT ALLERGY

The main points for the treatment of allergy include Allergic Area, Endocrine, Adrenal Gland and Ear Apex bleeding.

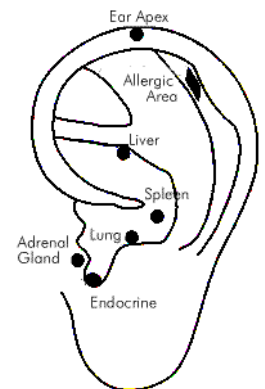
The Allergy Area is the specific point for diagnosis and treatment of allergic diseases. It is used to improve the immunological functions of the body.

Allergic diseases result from the combination of anaphylactogen and anaphylactic antibody, which may disturb the normal metabolism in cells and lead to telangiectasis, capillary hyperpermeability, and spasm of the smooth muscles. The points Endocrine and Adrenal Gland are used to increase the secretion of various hormones, such as adreno-cortical hormone (ACTH). This may prevent the release of histamine and inhibit the antigen-antibody reaction in mucous membrane and skin. Prevention of antibody formation also reduces exudates from capillaries.

For best result, corresponding point(s) should be selected on the basis of the focus. For example, if rhinitis is the primary diagnosis, add the point Nose.

There are three points in which Dr. Huang's Auricular Medicine method differ from other auricular therapies.

1. Locations are slightly different
2. It can be used as primary treatment
3. Very often, immediate relief, such as that for treatment of pain, can be seen within minutes



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ABOUT THE AUTHOR

Li-Chun Huang, O.M.D., M.D. (China)

Li-Chun Huang is the founder and current dean of Auricular Medicine International Research and Training Center. Her expertise in the field arises from her continuous research, and immense clinical and instructional experience. Dr. Huang has conducted over 150 seminars in auricular therapy worldwide, including the International Acupuncture and Moxibustion Class sponsored by the World Health Organization (W.H.O). Dr. Huang's years of training and devotion to research have enabled her to publish numerous texts on auricular acupuncture, including *Auricular Treatment Formulae and Prescriptions*, *Auricular Medicine*, and others.

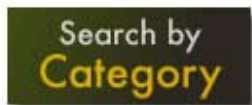
This article was taken out of Dr. Huang's ***Auricular Treatment Formulae and Prescriptions***. [Click here](#) to order a copy.

To find out about her classes, please visit <http://www.earmedicine.us/index.php>



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