



## Donald Kendall

L.Ac., O.M.D.

CLASSES BY THIS SPEAKER:

### Understanding the Mechanisms of Acupuncture to Enhance Clinical Outcomes

3/6/10 LotusSEMINAR @ Los Angeles, CA and Live-streaming LotusWEBINAR

### Acupuncture from the *Neijing* for Fantastic Clinic Results

6/26/10 LotusSEMINAR @ Los Angeles, CA and Live-streaming LotusWEBINAR

Approval for 8 CEUs/PDAs by CA, IL, FL, TX Acupuncture Boards and NCCAOM



Dr. Donald Kendall, author of *Dao of Chinese Medicine*, first became involved with Chinese medicine after graduating from the University of Illinois with a degree in engineering, when he adopted the use of Chinese herbs as his primary health care strategy. This led to the study of physiology and Chinese medicine, culminating in a degree from the California Acupuncture College as Doctor of Oriental Medicine. Dr. Kendall has more than 20 years of private clinical experience, including acupuncture research at the UCLA dental school and as a staff member at the UCLA's Center for East-West Medicine. Dr. Kendall has also served on the boards of several state and national professional organizations for acupuncture and Oriental medicine. He has developed and taught acupuncture orthopedics and dental acupuncture certification courses, and has participated in veterinary medical acupuncture training programs. He lectures extensively around the United States, as well as internationally, and has published a number of articles on various aspects of Chinese medicine, with an emphasis on how acupuncture works.

#### Understanding the Mechanisms of Acupuncture to Enhance Clinical Outcomes

When a patient asks, 'How does acupuncture work?' do you say to yourself, "I wish I knew!" or to the patient, "It moves qi." Or, do you have a clear understanding of how and why each needle and each technique moves your patients towards desired outcomes? Expert clinical skills depend on understanding the fundamental and complex responses of the human body to needling. Donald Kendall's seminar allows you to follow time-dependent reactions from the first initiation of tissue response by needle insertion to the final and complex restorative reactions that follow. Understanding these relationships is essential to achieving the desired clinical response. Selection of acupoints then assures directing the restorative response to address each specific condition.

Kendall discusses stimulation of nociceptive fibers, activation of the immune complement system, and the full range of needling response throughout the nervous system; as well as assisting participants to reach rational treatment strategies for use of local and adjacent, proximal and distal points.

#### Acupuncture from the *Neijing* for Fantastic Clinic Results

The *Huang Di Nei Jing Zhen Jing* (later changed to *Ling Shu*) is the world's first book on the needling therapy we in the West call "acupuncture." It provides the scope of how needling works along with a description of nine different needles and probes, and their uses. The *Zhen Jing* provides an understanding of the cause of disease; and insights into the longitudinal body organization essential to needling.

Treasures from the *Zhen Jing* have been virtually ignored; few have actually studied this incredible text. Donald Kendall brings his experience and studies to bear on these topics, as well as integrating our understanding of blood vessels, lymphatics, hormones, nutrients, and immune substances, and of the role of acupuncture in restoring physiological balance.

•• Visit [www.elotus.org](http://www.elotus.org) to register ••



Lotus Institute Of Integrative Medicine™

LEARN THE SCIENCE. PRACTICE THE ART. HEAL.

# LotusceSEMINARS/WEBINARS 2010 SCHEDULE

Classes are approved for 8 CEUs/PDAs by CA and IL, pending approval by TX, FL & NCCAOM unless otherwise noted below. All classes are from 9am- 6pm.

## TYPES OF COURSES





 LotusWEBINARS (Re-Broadcast) of past courses: FREE

 LotusSEMINARS: \$150 for 1-day package; \$200 for 2-day package\*





\*Hands-On Pulse Taking Workshop: \$375

 LotusWEBINARS (Live Stream): \$150 for 1-day package; \$200 for 2-day package

## JANUARY





-  1/16/10 Top 50 Drugs and Their Herbal Alternatives (John Chen)
-  1/17/10 Autoimmune Disorder, Multiple Chemical Sensitivities and Chinese Medicine (Matt Van Benschoten)
-  1/23/10 Mix & Match 30 Formulas for Clinical Success (Alex Chen)
-  1/24/10 Pulsynergy Made Easy Part I (Jimmy Chang)

## FEBRUARY



-  2/13/10 Integrative Approach, Great Results: How to Build A Strong & Successful Practice in Any Economy (Robert Doane)
-  2/14/10 Pulsynergy Made Easy Part II (Jimmy Chang)
-  2/20/10 TCM Iridology Part I (Robert Teng-Fang Wu) - Not approved by CA
-  2/21/10 TCM Iridology Part II (Robert Teng-Fang Wu) - Not approved by CA

## MARCH



### Los Angeles, CA

-  3/6/10 Understanding the Mechanisms of Acupuncture to Enhance Clinical Outcomes (Donald Kendall)
-  3/7/10 Multiple Drug Resistance and Chinese Herbal Medicine (Matt Van Benschoten)
-  3/20/10 Recognition and Prevention of Herb-Drug Interactions (John Chen)
-  3/21/10 Pulsynergy Made Easy Part III (Jimmy Chang)



## APRIL

-  4/24/10 How to Effectively Treat Gynecological Disorders with TCM (Robert Teng-Fang Wu)
-  4/25/10 Fang Jia Fang: The Art & Science of Herbal Combinations Part I (Jimmy Chang)

## MAY





-  5/1/10 Top 50 Drugs and Their Herbal Alternatives (John Chen)
-  5/2/10 Gastrointestinal and Hepatic Disorders: Pulse Diagnosis & Herbal Treatment (Jimmy Chang)

### Los Angeles, CA



-  5/22/10 Effectively Tackling Allergy, Sinusitis and Other Respiratory Disorders with TCM (Robert Teng-Fang Wu)
-  5/23/10 Allergy Elimination: Introduction to NAET (Devi Nambudripad)

## JUNE



### Portland, OR

-  6/12/10 Female and Male Infertility Part I (Ray Rubio)
-  6/13/10 Female and Male Infertility Part II (Ray Rubio)
-  6/26/10 Acupuncture from the *Neijing* for Fantastic Clinic Results (Donald Kendall)
-  6/27/10 Chronic Fatigue and Chinese Herbal Medicine (Matt Van Benschoten)

## JULY





-  7/10/10 Recognition and Prevention of Herb-Drug Interactions (John Chen)
-  7/11/10 Fang Jia Fang: The Art & Science of Herbal Combinations Part II (Jimmy Chang)

### Chicago, IL

-  7/31/10 Chronic Stress, Depression, and Fatigue: How to Treat Them with Fabulous Results (Robert Doane)
-  8/1/10 The Hepatitis C Help Program: East/West Approaches to HCV and Prevention of Liver Cancer (Misha Cohen)



## AUGUST

### San Francisco, CA

-  8/7/10 Chinese Herbal Research: The Latest News and Applications (John Chen)
-  8/8/10 Dr. Tan's Balance Method for Traumas and Sports Injuries (Richard Tan)
-  8/28/10 Integrative Approach, Great Results: How to Build A Strong & Successful Practice in Any Economy (Robert Doane)
-  8/29/10 Dermatological, Endocrine and Genito-Urinary Disorders: Pulse Dx & Herbal Tx (Jimmy Chang)

## SEPTEMBER



### Denver, CO

-  9/11/10 Chronic Stress, Depression, and Fatigue: How to Treat Them with Fabulous Results (Robert Doane)
-  9/12/10 Pulsynergy Made Easy Part IV (Jimmy Chang)



### Rowland Heights, CA

-  9/26/10 Hands-On Pulse Taking Workshop (Jimmy Chang) (30 people max)

## OCTOBER

-  10/2/10 Mix & Match 30 Formulas for Clinical Success (Alex Chen)
-  10/3/10 Auricular Acupuncture (Li-Chun Huang)

### Los Angeles, CA

-  10/16/10 Chronic Stress, Depression, and Fatigue: How to Treat Them with Fabulous Results (Robert Doane)
-  10/17/10 Case Studies: Live Discussion on Pulse Dx and Herbal Prescriptions (Jimmy Chang)



## NOVEMBER

### Rowland Heights, CA



-  11/21/10 Hands-On Pulse Taking Workshop (Jimmy Chang) (30 people max)

## DECEMBER

### Los Angeles, CA

-  12/4/10 The HIV Wellness Program: Focus on Chinese Medicine (Misha Cohen)
-  12/5/10 Dr. Tan's Balance Method for Traumas and Sports Injuries (Richard Tan)

## CONTACT INFORMATION

- FAX:**  1-626-609-2929
- CALL:**  Toll-Free 1-866-905-6887 or 626-780-7182
- EMAIL:**  [info@elotus.org](mailto:info@elotus.org)
- ONLINE:**  [www.elotus.org](http://www.elotus.org)

REFUND POLICY: There is no cancellation, transfer or refund for the Hands-on Pulse Taking Workshop courses. Please make sure you can attend prior to registering. For all other classes, cancellations and requests for refund must be submitted in writing 30 days prior to the seminars. Refund requests will be processed after the event. No refund or transfer will be made within 30 days of the seminar. \$25 processing fee will be charged for all refunds and transfers. \$25 will be added to all on-site registrations. \$25 processing fee for refund, transfer, or on-site registration will not be given back to the attendee in the form of a gift certificate. Lotus reserves the right to cancel classes in case of unexpected circumstances. In such cases, a full refund of the tuition will be issued.