

# Matt Van Benschoten

## L.Ac.



### CLASSES BY THIS SPEAKER:

Autoimmune Disorder, Multiple Chemical Sensitivities, and Chinese Medicine

1/17/10 LotusWEBINAR Rebroadcast\*

Multiple Drug Resistance and Chinese Herbal Medicine

3/7/10 LotusSEMINAR @ Los Angeles, CA and Live-streaming LotusWEBINAR

Chronic Fatigue and Chinese Herbal Medicine

6/27/10 LotusSEMINAR @ Los Angeles, CA and Live-streaming LotusWEBINAR

Approval for 8 CEUs/PDAs by CA, IL, FL, TX Acupuncture Boards and NCCAOM

\*Available for "Watch It Free" package

Dr. Van Benschoten is a graduate of the California Acupuncture College of Los Angeles, with 28 years of clinical, research, and teaching experience in acupuncture, Chinese herbal medicine, and medical Qi Gong. He is the author of more than fifty papers on acupoint diagnostic methods, chronic fatigue syndrome, AIDS, autoimmune disease, breast cancer, mercury toxicity, and indoor mold exposure. His clinical practice focuses on multidrug resistant infections, immune dysfunction, and environmental illness.

#### Lotus CEU Seminar Comments

"Thank you so much for bringing Matt today. An amazing speaker, passionate, inspirational. One of the quickest 8 hours of education. Thank you for a good sound system and video screen that let's everyone hear and see the lecture." Anonymous

"Excellent & knowledgeable. Dr. Matt is able to articulate clearly the subject matter." Anonymous

### Autoimmune Disorder, Multiple Chemical Sensitivities & Chinese Medicine

Autoimmune disorders and multiple chemical sensitivities are common clinical disorders that are often inadequately diagnosed and treated by conventional pharmaceuticals. Drug toxicity and long-term side effects of anti-inflammatory medications can limit positive responses in many cases. The use of Chinese herbal medicine for these diseases is supported by the pharmacological research literature that demonstrates regulatory effects on immune functions, including such therapeutic targets as interferons, interleukins, and tumor necrosis factor.

### Multiple Drug Resistance and Chinese Herbal Medicine

Multiple drug resistance is a major issue in contemporary medicine. Many common bacteria have developed resistance to antibiotics, and practitioners of Chinese medicine often treat patients after an unsuccessful course of antimicrobial therapy where residual infection and symptoms persist. Dr. Van Benschoten covers the major species of multiple drug resistant bacteria, viruses, and fungi with a comprehensive review of herbal medicines that can treat these conditions effectively and with minimal toxicity. Clinical examples will illustrate the most important points regarding history taking and optimal prescribing strategies.

### Chronic Fatigue and Chinese Herbal Medicine

Over a long career of intensive patient care (for complex and intractable illness), extensive research, teaching and mentoring, Dr. Van Benschoten has amassed a wealth of understanding on complex contemporary disease and the ancient solutions already available. In this course, he sheds light on one of the most common reasons patients seek health care assistance: Chronic Fatigue and Immune Dysfunction Syndromes (CFIDS).

The persistence of low grade infections, repeated exposures to environmental toxins, and dietary injury are hallmarks of this population, with autoimmune mechanisms at work as well as pathogenic factors. Dr. Van Benschoten leads course participants in identifying the source of the disorder through comprehensive history taking, and in addressing the multifactorial nature of fatigue through multiple therapies to prevent the recurrence of infection and exhaustion.

•• Visit [www.elotus.org](http://www.elotus.org) to register ••



Lotus Institute Of Integrative Medicine™


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# LotusceSEMINARS/WEBINARS 2010 SCHEDULE

Classes are approved for 8 CEUs/PDAs by CA and IL, pending approval by TX, FL & NCCAOM unless otherwise noted below. All classes are from 9am-6pm.

## TYPES OF COURSES

 LotusWEBINARS (Re-Broadcast) of past courses: FREE


 LotusSEMINARS: \$150 for 1-day package; \$200 for 2-day package\*

\*Hands-On Pulse Taking Workshop: \$375

 LotusWEBINARS (Live Stream): \$150 for 1-day package; \$200 for 2-day package

## JANUARY


 1/16/10 Top 50 Drugs and Their Herbal Alternatives (John Chen)


 1/17/10 Autoimmune Disorder, Multiple Chemical Sensitivities and Chinese Medicine (Matt Van Benschoten)

 1/23/10 Mix & Match 30 Formulas for Clinical Success (Alex Chen)

 1/24/10 Pulsynergy Made Easy Part I (Jimmy Chang)

## FEBRUARY

 2/13/10 Integrative Approach, Great Results: How to Build A Strong & Successful Practice in Any Economy (Robert Doane)

 2/14/10 Pulsynergy Made Easy Part II (Jimmy Chang)


 2/20/10 TCM Iridology Part I (Robert Teng-Fang Wu) - Not approved by CA

 2/21/10 TCM Iridology Part II (Robert Teng-Fang Wu) - Not approved by CA

## MARCH

### Los Angeles, CA

 3/6/10 Understanding the Mechanisms of Acupuncture to Enhance Clinical Outcomes (Donald Kendall)


 3/7/10 Multiple Drug Resistance and Chinese Herbal Medicine (Matt Van Benschoten)

 3/20/10 Recognition and Prevention of Herb-Drug Interactions (John Chen)

 3/21/10 Pulsynergy Made Easy Part III (Jimmy Chang)


## APRIL

 4/24/10 How to Effectively Treat Gynecological Disorders with TCM (Robert Teng-Fang Wu)

 4/25/10 Fang Jia Fang: The Art & Science of Herbal Combinations Part I (Jimmy Chang)


## MAY

 5/1/10 Top 50 Drugs and Their Herbal Alternatives (John Chen)

 5/2/10 Gastrointestinal and Hepatic Disorders: Pulse Diagnosis & Herbal Treatment (Jimmy Chang)

### Los Angeles, CA

 5/22/10 Effectively Tackling Allergy, Sinusitis and Other Respiratory Disorders with TCM (Robert Teng-Fang Wu)


 5/23/10 Allergy Elimination: Introduction to NAET (Devi Nambudripad)


## JUNE

### Portland, OR

 6/12/10 Female and Male Infertility Part I (Ray Rubio)


 6/13/10 Female and Male Infertility Part II (Ray Rubio)

 6/26/10 Acupuncture from the *Neijing* for Fantastic Clinic Results (Donald Kendall)

 6/27/10 Chronic Fatigue and Chinese Herbal Medicine (Matt Van Benschoten)

## JULY

 7/10/10 Recognition and Prevention of Herb-Drug Interactions (John Chen)

 7/11/10 Fang Jia Fang: The Art & Science of Herbal Combinations Part II (Jimmy Chang)


### Chicago, IL

 7/31/10 Chronic Stress, Depression, and Fatigue: How to Treat Them with Fabulous Results (Robert Doane)


 8/1/10 The Hepatitis C Help Program: East/West Approaches to HCV and Prevention of Liver Cancer (Misha Cohen)


## AUGUST

### San Francisco, CA

 8/7/10 Chinese Herbal Research: The Latest News and Applications (John Chen)

 8/8/10 Dr. Tan's Balance Method for Traumas and Sports Injuries (Richard Tan)

 8/28/10 Integrative Approach, Great Results: How to Build A Strong & Successful Practice in Any Economy (Robert Doane)

 8/29/10 Dermatological, Endocrine and Genito-Urinary Disorders: Pulse Dx & Herbal Tx (Jimmy Chang)

## SEPTEMBER

### Denver, CO

 9/11/10 Chronic Stress, Depression, and Fatigue: How to Treat Them with Fabulous Results (Robert Doane)

 9/12/10 Pulsynergy Made Easy Part IV (Jimmy Chang)

### Rowland Heights, CA

 9/26/10 Hands-On Pulse Taking Workshop (Jimmy Chang) (30 people max)


## OCTOBER

 10/2/10 Mix & Match 30 Formulas for Clinical Success (Alex Chen)

 10/3/10 Auricular Acupuncture (Li-Chun Huang)

### Los Angeles, CA

 10/16/10 Chronic Stress, Depression, and Fatigue: How to Treat Them with Fabulous Results (Robert Doane)

 10/17/10 Case Studies: Live Discussion on Pulse Dx and Herbal Prescriptions (Jimmy Chang)


## NOVEMBER


### Rowland Heights, CA

 11/21/10 Hands-On Pulse Taking Workshop (Jimmy Chang) (30 people max)


## DECEMBER

### Los Angeles, CA

 12/4/10 The HIV Wellness Program: Focus on Chinese Medicine (Misha Cohen)


 12/5/10 Dr. Tan's Balance Method for Traumas and Sports Injuries (Richard Tan)

## CONTACT INFORMATION

**FAX:**  1-626-609-2929

**CALL:**  Toll-Free 1-866-905-6887 or 626-780-7182

**EMAIL:**  [info@elotus.org](mailto:info@elotus.org)

**ONLINE:**  [www.elotus.org](http://www.elotus.org)

**REFUND POLICY:** There is no cancellation, transfer or refund for the Hands-on Pulse Taking Workshop courses. Please make sure you can attend prior to registering. For all other classes, cancellations and requests for refund must be submitted in writing 30 days prior to the seminars. Refund requests will be processed after the event. No refund or transfer will be made within 30 days of the seminar. \$25 processing fee will be charged for all refunds and transfers. \$25 will be added to all on-site registrations. \$25 processing fee for refund, transfer, or on-site registration will not be given back to the attendee in the form of a gift certificate. Lotus reserves the right to cancel classes in case of unexpected circumstances. In such cases, a full refund of the tuition will be issued.